

DIPLOMA IN TRIGGER POINT THERAPY

Mehreen Wahaj

This online diploma is awarded for successful completion of the OMT Trigger Point Therapy Course. The course covered a comprehensive understanding of trigger point therapy techniques, including identifying trigger points, assessing pain patterns, and effectively treating them using manual techniques.

8 Hours CPD

Mr. Giles Gyer

BSc (Hons) Osteopathy,
Dip. MA, Dip. SM



Mr. Jimmy Michael

BSc (Hons) Osteopathy,
BSc. (Hons) Sports &
Exercise Science

Date **29/01/2026**