IASTM

International Diploma in Instrument Assisted Soft Tissue Manipulation

Certificate of Completion

Ayoob Zahedian

Has, in a satisfactory manner participated in an intensive 20hr CPD course covering Instrument Assisted Soft Tissue Manipulation (IASTM), covering current research and theory, clinical application, red flags and contraindications, full technique for muscles, ligaments, tendons and scar tissue

Completion of this course entitles the participant to use the term "IASTM Practitioner - Dip.IASTM"

11/07/2026

Total CPD hours for this course: 20 hours

Instructors:

Mr. Jimmy Michael, BSc (Hons) Osteopathy, BSc (Hons) Sports Science

Mr. Giles Gyer, BSc (Hons) Osteopathy, Dip. MA, Dip. SM

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